



Caring Matters

Autumn/Winter 2007



San Francisco Fire Department Fire Inspector, Micki Jones, presents *Fire and Fall Prevention* at the CCC Care-giver In-Service on July 10.

In-service training well attended by CCC caregivers

Compassionate Community Care continued in their commitment to provide best quality home care to their clients by providing ongoing training for their caregivers. Their *Best Practice Series—Quality In-service for CCC Caregivers*, began earlier this year, and has proved to be very well attended.

The Best Practice Series emphasizes CCC's commitment to client-centered caregiving—always placing the client at the center of care, while taking into account that they are also part of families and communities.

The topics delivered so far this year include *The Do's & Don'ts of Quality Caregiving*, which explored professional behavior and how best to care for clients and their families; *Coping with Challenging Situations* provided tips for handling difficult situations, with a particular emphasis on working with clients with dementia; and *Safety in the Home Care Setting* looked at ways to help maintain safety at home for clients and caregivers.

Other topics included *Cultural Awareness: Working with LGBT Clients*, *Caring for the Bed Bound Client*, and *Caring for People who are Dying*.

While most of the in-services were delivered by CCC Program Director, Gary Szlachetka, and CCC Client Services Coordinator, Julie Fresta, we also had the good fortune to have some wonderful guest presenters. In July Miki Jones, San Francisco Fire Inspector from their Senior Home Health Safety Program, delivered their *Fire and Fall Prevention* presentation; and in November, Ruth Gay from the Alzheimer's Association delivered a talk on *Caring for People with Alzheimer's Disease*.

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*SEASONS
Greetings*

from

*Compassionate
Community Care*

*We wish you all
a safe and happy
holiday season*



Community Connections

Community is a valuable resource for people in their quest for wellbeing. Compassionate Community Care is proud to share links with various communities through our work with community organizations and through our active membership with community groups. Here are just *some* of the community organizations and groups which whom we are involved.

Community Living Fund

Family Caregiver Alliance

Institute on Aging

On-Lok Lifeways

Tenderloin Health

Westside Community Services

Compassionate Community Care is proud to assist people to remain in the community by providing caregivers to clients of non-profit community based organizations through our contracts with various community organizations.



CCC keeps informed and involved with community issues through our memberships with a wide range of community based organizations.



CMSA
Case Management Society of America

NPDA
National Private Duty Association

SFEOL
San Francisco Bay Area Network for End-of-Life Care

SFBARC
San Francisco Bay Area Regional Council

SAN
Senior Action Network

The San Francisco Partnership for Community-Based Care & Support

Fall SEASON SPECIAL

Limited time offer

Mention this offer
to receive your
first four hours of
in-home care

FREE

if you sign up for
in-home care services
with Compassionate
Community Care before
December 31, 2007.

Tips on Communicating with People with Alzheimer's Disease

Here's some useful tips
provided by the Alzheimer's
Association:

- ♥ Get eye contact
- ♥ Speak face to face
- ♥ Move slowly and calmly
- ♥ Approach the person
from the front
- ♥ Use simple, exact words
and phrases
- ♥ Speak slowly, calmly,
and clearly
- ♥ Allow time for response
- ♥ If no response, repeat
phrase
- ♥ If no response after a few
tries, say it another
simple way.
- ♥ Use positive statements.
Say what you want, not
what you don't want
- ♥ Ask for one thing or one
task at a time
- ♥ Speak respectfully. You
are not addressing a
child
- ♥ Listen to your tone of
voice. Would you like to
be addressed like this?
- ♥ Avoid distractions,
disruptions, and
arguments
- ♥ Don't offer a choice
when you have already
decided
- ♥ Watch your body
language. It's
contagious!
- ♥ Demonstrate what needs
to be done. Act things
out instead of giving
instructions

From Alzheimer's Association Info Sheet



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***Helping you maintain
independence at home***

